

June 2002 North Rehabilitation Facility Recidivism Outcome Study Results

MEN <i>n</i> ₁ = 47		Return to King County Jail									
		Avg # Pre-Prog	Avg Pre-Prog	0x		1x or >		Avg # Post-Prog	Avg Post-Prog	Total	
Course No.		Bookings ¹	Jail Days	No.	%	No.	%	Bookings ²	Jail Days	No.	% (row)
1	Nov-97	2.0	28.2	5	45%	6	55%	1.5	21.4	11	100%
3	Jun-98	1.4	49.2	4	40%	6	60%	1.7	70.2	10	100%
5	Jan-99	2.7	33.9	7	54%	6	46%	0.9	52.3	13	100%
7	Sep-99	3.3	72.4	4	31%	9	69%	1.6	68.8	13	100%
Subtotal		2.4	46.5	20	43%	27	57%	1.4	53.4	47	100%
WOMEN <i>n</i> ₂ = 28		Return to King County Jail									
Course No.		Avg # Pre-Prog	Avg Pre-Prog	0x		1x or >		Avg # Post-Prog	Avg Post-Prog	Total	
Course No.		Bookings ¹	Jail Days	No.	%	No.	%	Bookings ²	Jail Days	No.	% (row)
2	Mar-98	3.0	45.6	4	57%	3	43%	1.6	50.4	7	100%
4	Oct-98	4.3	46.3	1	17%	5	83%	2.5	42.7	6	100%
6	Jun-99	4.7	62.6	4	57%	3	43%	2.0	49.4	7	100%
8	Dec-99	2.9	21.3	4	50%	4	50%	1.0	37.1	8	100%
Subtotal		3.7	43.0	13	46%	15	54%	1.7	44.7	28	100%
Total		2.89	45.19	33	44%	42	56%	1.52	50.17	75	100%

¹No. of pre-program bookings averaged over a two-year period.

²No. of post-program bookings averaged over a two-year period.

Summary of Results: Approximately 55%* of Vipassana inmates were re-booked into the King County Jail within 2 years post-program with no significant difference between female Vipassana inmates (54% re-booked) and male Vipassana inmates (57% re-booked). Other evaluation studies indicate that 75%* of NRF inmates are re-booked into the King County Jail within 2 years. Overall, Vipassana inmates were 20% less likely to return to the King County Jail than general population inmates who did not complete a course. The average number of bookings for Vipassana inmates declined by nearly half during the study from 2.9 pre-program to 1.5 post-program. Finally, no significant difference was found in the number of jail days pre-program (45.2) vs. post-program (50.2). This is due to the fact that those subjects who re-offend received, for the most part, longer court-ordered jail sentences, making up the difference.

* About 20% of these re-bookings involve old charges or warrants (e.g., Failure to Appear, Failure to Comply, Probation Violation).

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